

MASS INTENTIONS

MONDAY, SEPTEMBER 1ST **LABOUR DAY**
10:00 A.M. +Clarita Paras

Req. Charmee Manalili

TUESDAY, SEPTEMBER 2ND
8:00 A.M. In Honour of Our Lady of Visora
Req. Raffaella Sacco

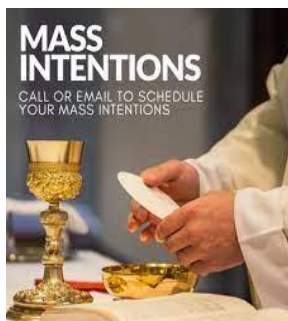
WEDNESDAY, SEPTEMBER 3RD
12:10 P.M. +Francis Lagman
Req. Roy Narciso

THURSDAY, SEPTEMBER 4TH
8:00 A.M. +Joseph Lloyd Hugh
Req. Gloria Hugh

FRIDAY, SEPTEMBER 5TH
12:10 P.M. +Maria & Stefan Medon
Req. Margaret Medon

SATURDAY, SEPTEMBER 6TH
10:00 A.M. For the Protection of the Unborn,
the guidance & blessings on their parents, and
for the little souls and other victims of these
tragic situations be saved by the mercy of Our
Lord & Saviour.
Req. Patrick Morrison

MASS INTENTIONS



*If you would like to
Offer a Weekday
Mass, please call the
Parish Office at 416-
483-1513 or email
stmonicatoronto@gmail.com*

*Having a Mass said
for a specific intention,*

*whether for a living or deceased person, is a
way to offer prayers & graces for that person
or need. It is a way to ask for divine
intercession through the powerful act of the
Mass, which is the highest form of prayer.*

FIRST FRIDAY ADORATION

will take place on
September 5th, 2025 from
7:00 to 8:00 p.m. in the
church. For the Adoration
pamphlet with prayers,
please visit

www.stmonicastoronto.org.

All parishioners are welcome!



REGISTRATION IS NOW OPEN FOR RCIA 2025-2026

Please contact the Parish Office if
you are interested in becoming
Catholic or if you are already
Catholic but have not completed
the Sacraments of Initiation
(Confirmation & receiving
Eucharist for the first time).



We need **VOLUNTEERS** to serve
as ***Ministers to the Sick &
Homebound, Extraordinary
Ministers of Holy Communion,***

***Lectors, Altar Servers, Offering Collectors, Choir
Members and Garden Volunteers!*** If you are
interested, please contact the Parish Office (416)
483-1513 or stmonicatoronto@gmail.com.

EUCCHARISTIC GEMS

Participation in the Eucharist is spoken of, because
through the Eucharist, we participate in the divinity
of Jesus. Communion is likewise spoken of, and it is
real communion, because through the Eucharist, we
have communion with Christ and share in his flesh
and his divinity.

- Saint John Damascene

From: Donald H. Calloway, MIC, *Eucharistic Gems:
Daily Wisdom on The Blessed Sacrament*,
(Stockbridge, MA: Marian Press, 2023), 156

Cardinal Leo Encourages You To Reach Out To Your Neighbor In Need



"We cannot turn away from the suffering around us, especially when so many struggle just to eat. Our Catholic family is called not only to witness God's love but to live it boldly: feed the hungry, restore dignity, and stand shoulder to shoulder with those in need. As Scripture reminds us in Isaiah 58:10, 'If you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness.' Together, through these grants and our generous hearts, we bring hope where despair threatens to take hold." Please give generously and wholeheartedly through sharelife.org/donate or our parish using a ShareLife envelope. *Thank you for living the Gospel.*

Twenty-second Sunday in Ordinary Time

August 31, 2025



Humble yourself and you will find favour with God.

Are you being called to be a priest or deacon, brother or sister? Humbly ask the Lord if He is calling you. Contact Fr. Matt McCarthy, Director

of Vocations, Archdiocese of Toronto, 416-968-0997.

www.vocationstoronto.ca vocations@archtoronto.org.

FREE CATHOLIC ESTATE PLANNING WEBINAR

Saturday, Sept. 27, 2025 at 9:00 a.m.

Learn:

- How to avoid problems: in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- How to create your own legacy
- About our Catholic traditions around cremation, burials and funerals

3 WAYS TO REGISTER:

1. scan the QR code

2. follow this QR link: qrco.de/WebSept27

3. send an email to:

Development@ArchToronto.org and write

"**webinar September 27**" in the title line + your name(s) in the body of the message.



Archdiocese of Toronto - Office of Catholic Youth

RENEW TORONTO, a conference for young adults, ages 19-

39, will take place Friday, November 21st, 2025 & Saturday, November 22nd, 2025 at Canada Event Centre (formerly Canada Christian College) in Whitby. The conference includes workshops, Confession, Mass, Eucharistic Adoration & more. On Sunday, November 23, 2025, Mass and a social gathering with Frank Cardinal

Leo will take place at Saint Michael's Cathedral Basilica. Early-bird registration ends Sept. 30; registration closes Nov. 5. For more info: www.renewtoronto.org. Or you may send an email to: youth@archtoronto.org.



THE IMPORTANCE OF HUMILITY

One of the greatest virtues that all stewards should strive for is humility. The first reading from Sirach admonishes the children of God to "conduct your affairs with humility, and you will be loved more than a giver of gifts. Humble yourselves the more, the greater you are, and you will find favour with God."

A humble person does not exalt himself but gives all glory to God for the good that is done in their lives. Humility is a virtue that God admires greatly in those who serve him, for it is a virtue that Christ embodied when he took the form of man and came to Earth. Jesus, in the Gospel, illustrates the importance of humility by sharing the parable of choosing a seat at table. Those who sought the last and lowest place were exalted and were asked to move up, whereas those who sought the most prominent and highest position were humiliated when they were asked to move down.

In the work of stewardship, humility is crucial, as it is the antidote to pride. When sharing our time and talent, we can easily fall into the trap of becoming proud and egotistical, forgetting that our gifts and talents come solely from the generous hand of God, the Father. Instead, if we are humble, God can better use us for building up his kingdom, especially in our parish communities. Those who are humble won't be fazed by criticisms and will remain joyful in all the work they do. A great way to learn to be humble is to pray to our Blessed Mother, who is a perfect example of humility. She never sought any praise herself, and always emptied herself for the sake of others. Let us pray in a special way to our Blessed Mother for this virtue, that we may imitate her and her son in humility.

From: Archdiocese of Toronto, Office of Formation for Discipleship, Stewardship Reflections, Year C.