

Living the Gospel



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SL ShareLife

St. Monica's Roman Catholic Church

44 Broadway Avenue, Toronto, ON, M4P1T4

tel: 416-483-1513 • fax: 416-483-2630

Email: stmonicatoronto@gmail.com • Website: www.stmonicatoronto.ca

MASS INTENTIONS

MONDAY, MAY 27TH
12:10 P.M. +Irene Kukola
Req. Mitzi Lagdameo

TUESDAY, MAY 28TH
8:00 A.M. Kurt Kaszuba
Req. K. Kaszuba

WEDNESDAY, MAY 29TH
12:10 P.M. +Crisalia Couto
Req. Manuel Couto

THURSDAY, MAY 30TH
8:00 A.M. +Laure Marty Maurel
Req. Marie-Claire
Maurel Taillardat

FRIDAY, MAY 31ST
12:10 P.M. +Brendan Plonka
Req. Margaret Plonka

SATURDAY, JUNE 1ST
10:00 A.M. +Josephine Dong

RCIA (RITE OF CHRISTIAN INITIATION OF ADULTS)

Please contact the Parish Office if you are interested in becoming Catholic or if you are already Catholic but have not completed the Sacraments of Initiation (Confirmation & receiving Eucharist for the first time).



EUCHARISTIC GEMS

Thank you for the good gift of this your holy Body and Blood, which I desire to receive, as a cleansing from sin, and for the defense against it. Lord, I acknowledge that I am far from worthy to approach and touch this sacrament; but I trust that mercy which caused you to lay down your life for sinner that they might be justified, and because you gave yourself willingly as a holy sacrifice to the Father.

- Saint Anselm of Canterbury

From: Donald H. Calloway, MIC, Eucharistic Gems: Daily Wisdom on The Blessed Sacrament, (Stockbridge, MA: Marian Press, 2023), 74

MASS INTENTIONS

If you would like to Offer a Weekday Mass, please call the Parish Office at 416-483-1513 or send an email to stmonicatoronto@gmail.com.



FIRST FRIDAY ADORATION

will take place on June 7th, 2024, from 7 to 8 p.m. in the church. **All are welcome!** For the Adoration pamphlet with prayers, please visit

www.stmonicasto.archtoronto.org.

Solemnity of the Most Holy Trinity – May 26, 2024

God the Father, Creator; God the Son, Redeemer; God the Holy Spirit, Sanctifier. When we go out to "make disciples of all nations", we have a lot to tell!



God is present everywhere. Would you be willing to proclaim the truth of God's love and presence in your life as a priest, religious or deacon?

If you feel God may be calling you to this ministry, call Father Matt McCarthy, Director of Vocations, Archdiocese of Toronto, 416-968-0997. Send an email to vocations@archtoronto.org. For more info: www.vocationstoronto.ca.



Reflecting on Archbishop Leo’s Pastoral Letter on Seeking the Kingdom of God – Embracing Life in the Kingdom

“Kingdom living” involves dying to ourselves daily and entering into the movement of the Paschal Mystery in all that we experience: death and resurrection, at many levels, in many ways. To live each day as an active and committed member of God’s Kingdom is not for the faint of heart, but the Lord is still present and always will be, loving and active, even and especially in many different hardships and struggles. - Archbishop Francis Leo, Seeking The Kingdom of God Above And Beyond All Things, page 9 <https://www.archtoronto.org/en/outreach/news/archdiocesan/pastoral-letter-from-the-most-rev.-francis-leo/>

Your ShareLife support goes beyond borders

ShareLife isn’t just local. Your ShareLife gift extends mercy and justice to people beyond our borders by supporting the humanitarian projects of our agencies, particularly those that prioritize taking care of hungry children in vulnerable communities.



“We are so incredibly grateful to you, ShareLife and your supporters, for your steadfast commitment to our vision that no child should go hungry in this world of plenty. On behalf of all the children you have helped, thank you.” – Keli Marshall, Mary’s Meals Canada.

Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.



We need **VOLUNTEERS** to serve as **Ministers to the Sick & Homebound, Extraordinary**

Ministers of Holy Communion, Lectors, Choir Members, Offering collectors, and Garden Volunteers! If you are interested, please contact the Parish Office by phone at (416) 483-1513 or send an email to: stmonitoronto@gmail.com.

SIGNING OURSELVES WITH THE TRINITY

Today we celebrate the Solemnity of the Most Holy Trinity. The Catechism says that the “mystery of the Most Holy Trinity is the central mystery of Christian faith and life ... It is therefore the source of all the other mysteries of faith” (CCC 234). As Christians, we profess the mystery of the Trinity every time we make the sign of the cross, in the name of the Father, and the Son and the Holy Spirit.

The practice of signing ourselves with the cross is an ancient tradition that likely dates back to the time of the Apostles. Around the year 200, Tertullian wrote that, “we Christians wear out our foreheads with the sign of the cross.” By signing ourselves, we are joining the countless saints that have gone before us. We can be a witness to the world whenever we sign ourselves in public. For example, the next time we eat in public let us strive to make the sign of the cross as we pray our grace before meals.

Additionally, often times the sign of the cross is the quickest prayer we can muster in times of great stress. St. Francis de Sales, Doctor of the Church, recommends that we “make spiritual aspirations to God by short, ardent movements of [our] hearts.” We can do this by invoking all three persons of the Trinity and marking ourselves with the cross, which is the sign of our salvation. Therefore, the next time we experience a difficult moment let us not despair but boldly make the sign of the cross. This will allow us to continually raise up our minds and hearts to the Blessed Trinity, the greatest mystery of our faith.

Summary

Today is the Solemnity of the Most Holy Trinity which we profess every time we make the sign of the cross saying “in the name of the Father, and the Son and the Holy Spirit.” St. Francis de Sales recommends that we “make spiritual aspirations to God by short, ardent movements of [our] hearts.” Therefore, the next time we experience a difficult moment in our lives or ministries, let us not despair but boldly invoke all three persons of the Trinity and make the sign of the cross.

From: Archdiocese of Toronto, Office of Formation for Discipleship, Stewardship Reflections, Year B.



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